

## A Report on Children's Training on Health through Herbs

Earth Trust with the support of Shamdasani Foundation has organized one day orientation training to Children on Health through Herbals on 13<sup>th</sup> May 2023 at the Trust campus Vellaimalaipatti.

40 Children including 26 girls between the age group of 10 to 18 were from Vellaimalaipatti, Pasumpon Nagar, Kannimarpuram and Idayapati villages. Nadupatti Village President Mr. S. Abimannan presided over the function and thanked the Trust for organizing such a useful learning program to the future generation. Managing Trustee Mr. S. Dharma Neethi welcomed the participants and the Chief Guests. In his address he introduced the Vision of Earth Trust Protect and promote: ~ the agricultural land, water bodies, organic farming, clean, green and healthy environment, employment opportunities and traditional health care system and ensure safe transfer of existing Earth to a new generation without any damage. He insists the children participate in the program actively and become a volunteer for Environmental Protection of their own villages.

Mr. S.Kalimuthu, Leader of Annavayal Organisation, Thirumangalam has engaged children with more involvement through his own style of speech through stories and games. He insisted on promoting herbal kitchen gardens wherever possible and getting involved with the elders and learning the usage of herbals in protection of health care. He made the children aware of the need for changes in the day to day life, organic agriculture and traditional food habits to improve the overall health care of the young generations. He listed out more than 29 herbal plants and explained its usage in health care.

Mr.PS.Bose, Director of Green Society, Chinnamanur explained various important roles that are played by trees and animals in protecting the Earth and made the children realise at least not to disturb the Food Chain that protects the global environment. Mr.K.Pinniappan Social Activist distributed the herbal plants to all the children and insisted on growing the plants and exchanging them during needs.

Children were actively participating since the sessions were full of stories, games and question and answer. Children took notes on all important points in their notebooks that were distributed for documentation purposes.

Volunteers Mrs.M.Vinothini, Mrs. K.Ranjitham, Mrs.E.Revathi and Mrs.S.Latha organised the program in such a way that the children were fully attentive and engaged.

Volunteer Selvi. LD. Dharseka Coordinated the program and Ms.J.Krishnaveni Trustee of Earth Trust proposed vote of thanks.

# Photo Gallery













**பூமி அறக்கட்டளை.**

**“மூலிகைகளும் ஆரோக்கியமும்”**

**குழந்தைகளுக்கான பயிற்சி முகாம்.**

நாள்:13 – 05 - 2023 நேரம் : காலை 10 மணி முதல் 1 மணி வரை  
இடம்: பூமி அறக்கட்டளை பயிற்சி மையம், வெள்ளைமலைப்பட்டி

**நிகழ்வுகள்**

- தலைமை:** திருமிகு. S. அபிமன்னன்  
ஊராட்சி மன்ற தலைவர், நடுப்பட்டி
- வரவேற்புரை:** திருமிகு. ச. தர்மநீதி  
இயக்குனர்- பூமி அறக்கட்டளை.
- சிறப்புரை:** திருமிகு. கூ. பின்னியப்பன் சமூக செயல்பாட்டாளர்  
வெள்ளைமலைப்பட்டி.  
திருமிகு. PS. போஸ்  
இயக்குனர் GREEN – சின்னமனூர்.
- கருத்துரை:** **அன்ன வயல்** திருமிகு. ச. காளிமுத்து  
தங்களாச்சேரி, திருமங்கலம்.
- மூலிகை செடி  
வழங்குதல்:** திருமிகு. G. சுரேஷ் பாபு, சமுன்னதி. மதுரை.
- நன்றியுரை:** திருமிகு. J. கிருஷ்ணவேணி  
திட்ட அலுவலர் பூமி அறக்கட்டளை, கருமாதூர்.

நிகழ்ச்சி அமைப்பு: தன்னார்வலர்கள், திருமிகு M. வினோதினி மற்றும்  
திருமிகு K. ரஞ்சிதம் வெள்ளைமலைப்பட்டி. திருமிகு.சு. லதா உசிலம்பட்டி.